



**Upcoming Event >>>**

- Mon 1: 10:30 Trivia/ 1:30 Decorate Christmas Bags
- Tue 2: 10:45 Worship/ 1:30 Bingo/ 5:15 Puzzles
- Wed 3: 10:30 Chair Yoga/ 1:30 UNO
- Thu 4: 10:30 Manicures/ 1:30 Bingo/ 2:30 Cookies
- Fri 5: 10:30 Farkle/ 1:30 Movie 5:15 Puzzles
- Sat 6: Independent Activities in Activity Room

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- Sun 7: 9:30 Catholic Church Ch. 9/ 10:00 Lutheran Church Ch. 9
- Mon 8: 10:30 Cookie Cut Out/Bake/ 1:30 Rummy 500
- Tue 9: 10:45 Worship/ 1:30 Bingo/ 5:15 Puzzles
- Wed 10: 10:30 Frost Cookie Cut Outs/ 1:30 Farkle
- Thu 11: 10:3 Ornaments/ 1:30 Bingo / 5:15 Card Games
- Fri 12: 10:30 Reminisce & Hot Cocoa / 1:30 Movie Matinee
- Sat 13: Independent Activities in Activity Room

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- Sun 14: 9:30 Catholic Church Ch. 9/ 10:00 Lutheran Church Ch. 9
- Mon 15: 10:30 Cookies & Coffee/ 1:30 Rummy 500
- Tue 16: 10:45 Worship/ 1:30 Bingo/ 5:15 Puzzles
- Wed 17: 10:30 Chair Yoga / 1:30 Christmas Painting
- Thu 18: 10:30 Gingerbread Houses/ 1:30 Bingo/Party
- Fri 19: 10:30 Farkle/ 1:30 Movie / 5:15 Puzzles
- Sat 20: Independent Activities in Activity Room

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- Sun 21: 9:30 Catholic Church Ch. 9/ 10:00 Lutheran Church Ch. 9
- Mon 22: 10:30 BES Sing Kids/ 1:30 Christmas Adult Coloring
- Tue 23: 10:45 Worship/ 1:30 **Christmas Party with Music**
- Wed 24: 10:30 Farkle/ 1:30 Movie
- Thu 25: Independent Activities in Activity Room
- Fri 26: 10:30 Reminisce/ 1:30 December Birthday Party
- Sat 27: Independent Activities in Activity Room

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- Sun 28: 9:30 Catholic Church Ch. 9/ 10:00 Lutheran Church Ch. 9
- Mon 29: 10:30 Resident Council/1:30 Trivia
- Tue 30: 10:45 Worship/ 1:30 Bingo/ 5:15 Puzzles
- Wed 31: 10:30 Snow craft/ 1:30 **New Eve Year Party**

**Daily Mail Pass at 3:30 PM**

**Hair Salon is Open every other Thursday 9:30 am - 12:00 pm**

**Schedule appointment and make payment to the Activity Department.**

**\*\* Activities are Subject to Change\*\***

# Newsletter

## *Holiday Traditions Around the World*

December is a month filled with celebrations across many cultures. In our community, we love honoring traditions that bring joy, meaning, and connection. Here are a few beloved holiday customs from around the globe:

**Mexico – Las Posadas.** From December 16th to 24th, families in Mexico celebrate Las Posadas, a beautiful reenactment of Mary and Joseph’s search for shelter. Communities gather for candlelit processions, prayers, songs, and festive treats like buñuelos and ponche.



**Germany – Christmas Markets & Advent.** Germany is known for its enchanting Christmas markets (Weihnachtsmärkte), where towns are filled with handmade crafts, warm drinks, and twinkling lights. Many families also celebrate Advent, lighting a candle each Sunday leading up to Christmas.

**Italy – La Befana.** In Italy, children look forward not only to Christmas, but also to the arrival of La Befana on January 6th. According to tradition, this kindhearted old woman brings gifts to children on the eve of Epiphany, similar to Santa Claus.

**Japan – Christmas as a Season of Joy.** Although not a religious holiday in Japan, Christmas is celebrated as a season of happiness. Families enjoy light displays, gift-giving, and a unique custom: sharing a special Christmas cake topped with strawberries and cream.

**Philippines – The Longest Christmas Season.** The Philippines is famous for having one of the longest Christmas celebrations in the world—starting as early as September! One cherished tradition is the Simbang Gabi, a series of dawn masses leading up to Christmas Eve.



**Jewish Tradition – Hanukkah.** Hanukkah, the Festival of Lights, is an eight-day celebration that honors the miracle of a small amount of oil lasting eight nights. Families light the menorah, play dreidel, and share foods fried in oil, such as latkes and donuts.

**African American Culture – Kwanzaa.** Kwanzaa is a cultural celebration held from December 26th to January 1st. Families come together to honor seven principles such as unity, responsibility, and creativity. Each day, a candle is lit on a kinara to symbolize one principle.



**Sweden – St. Lucia Day.** On December 13th, Sweden celebrates St. Lucia Day, a festival of light during the winter darkness. Traditionally, a girl dressed in white with a candle crown leads a procession, bringing warm pastries and singing carols.

**\*\* Bringing Traditions into Our Community \*\***

# Let's play! Word Scramble: Polar Express



1. TINRA	_____
2. SMAHCTRSI	_____
3. SAMAJAP	_____
4. SELBL	_____
5. ESTMA	_____
6. XSEESPR	_____
7. ROEB	_____
8. SRLEIV	_____
9. TWESLHI	_____
10. ILGESH	_____
11. NASTA	_____
12. RTNHO LPEO	_____
13. IEDNERER	_____
14. ALROP	_____



### Employee Birthdays

Brianna W., Dec 02  
 Lisa S., Dec 04  
 Katelynn N., Dec 09  
 Gina J., Dec 21  
 Amanda H., Dec 31  
 Holly C., Dec 31

### 2025 Fun & National Holidays!

- ▶ Dec 1 Eat a Red Apple Day
- ▶ Dec 2 Fritters Day
- ▶ Dec 3 Make a Gift Day
- ▶ Dec 4 Wear Brown Shoes Day
- ▶ Dec 5 Day of the Ninja
- ▶ Dec 6 St Nick Day
- ▶ Dec 6 Microwave Oven Day
- ▶ Dec 7 Letter Writing Day
- ▶ Dec 9 Christmas Card Day
- ▶ Dec 10 Cocoa Day
- ▶ Dec 11 Noodle Ring Day
- ▶ Dec 12 Official Lost and Found Day
- ▶ Dec 12 Gingerbread House Day
- ▶ Dec 14 Free Shipping Day
- ▶ Dec 14 Monkey Day
- ▶ Dec 15 Cupcake Day
- ▶ Dec 17 Wright Brothers Day
- ▶ Dec 19 Underdog Day
- ▶ Dec 19 Ugly Sweater Day
- ▶ Dec 20 Sangria Day
- ▶ Dec 22 Date Nut Bread Day
- ▶ Dec 23 Festivus
- ▶ Dec 24 Eggnog Day
- ▶ Dec 25 Grav Mass Day
- ▶ Dec 25 **Merry Christmas!**
- ▶ Dec 26 Thank You Note Day
- ▶ Dec 27 No Interruptions Day
- ▶ Dec 28 Card Playing Day
- ▶ Dec 29 Pepper Pot Day
- ▶ Dec 31 Make Up Your Mind Day
- ▶ Dec 31 **New Year Eve**

## Meet our Team >>>

### Tell us about your Job.

I am the Assistant of the Director of Nursing and MDS.

### Tell us about your family.

I have 3 kitties, 1 dog, and a husband whose laundry folding skills are questionable.

### What are your outside Interests?

I like fishing, hiking and tormenting my husband.

### Something not everyone may know about you.

I used to be able to run marathons with ease, now I get winded running down the hall.

### Favorite sport team

The Packers!

Gina J.  
ADON / MDS



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**Also, December is...**  
 International Sharps Injury Prevention Awareness Month  
 Universal Human Rights Month