



MEADOWBROOK

— BLOOMER —

**Upcoming Event >>>**

**Sat 1:** Independent Activities in Activity Room

**Sun 2:** 9:30 Catholic Church Ch. 9/ 10:00 Lutheran Church Ch. 9

**Mon 3:** 10:30 Current Events/1:30 Adult Coloring

**Tue 4:** 10:45 Worship/ 1:30 Bingo/ 5:15 Puzzles

**Wed 5:** 10:30 Exercises/ 1:30 UNO/ 2:00 Doughnuts

**Thu 6:** 10:30 Manicures/ 1:30 Bingo/ 5:15 Puzzles

**Fri 7:** 10:30 Farkle/ 1:30 Movie Matinee

**Sat 8:** Independent Activities in Activity Room

**Sun 9:** 9:30 Catholic Church Ch. 9/ 10:00 Lutheran Church Ch. 9

**Mon 10:** 10:30 Coffee Clutch/ 1:30 Rummy

**Tue 11:** 10:45 Worship/ 1:30 Bingo/ 5:15 Puzzles

**Wed 12:** 10:30 Exercises/ 1:30 Yahtzee

**Thu 13:** 10:3/ Reminiscence 1:30 Bingo / 5:15 Puzzles

**Fri 14:** 10:30 Farkle / 1:30 Movie Matinee

**Sat 15:** Independent Activities in Activity Room

**Sun 16:** 9:30 Catholic Church Ch. 9/ 10:00 Lutheran Church Ch. 9

**Mon 17:** 10:30 Nature Video/ 1:30 Crafts

**Tue 18:** 10:45 Worship/ 1:30 Bingo/ 5:15 Puzzles

**Wed 19:** 10:30 Exercises / 1:30 UNO

**Thu 20:** 10:30 Manicures/ 1:30 Bingo/ 5:15 Puzzles

**Fri 21:** 10:30 Farkle/ 1:30 Movie Matinee

**Sat 22:** Independent Activities in Activity Room

**Sun 23:** 9:30 Catholic Church Ch. 9/ 10:00 Lutheran Church Ch. 9

**Mon 24:** 10:30 Armchair Travel/ 1:30 Rummy

**Tue 25:** 10:45 Worship/ 1:30 Bingo/ 5:15 Puzzles

**Wed 26:** 10:30 Exercises/ 1:30 Resident Council

**Thu 27:** Independent Activities in Activity Room

**Fri 28:** 10:30 Farkle/ 1:30 Movie Matinee

**Sat 29:** Independent Activities in Activity Room

**Sun 30:** 9:30 Catholic Church Ch. 9/ 10:00 Lutheran Church Ch. 9

**Daily Mail Pass at 3:30 PM**

**Hair Salon is Open every other Thursday 9:30 am - 12:00 pm**

**Schedule appointment and make payment to the Activity Department.**

**\*\* Activities are Subject to Change\*\***

# Newsletter

## What are 10 early signs of dementia?

Dementia affects people differently. But there are common early warning signs to watch for. Looking for patterns of these behaviors may help you identify signs your parent may have dementia.

- Memory loss:** If your loved one is repeating themselves or increasingly in need of aids such as sticky notes to help remember things, it could be an early symptom of dementia. Repeatedly forgetting the names of familiar friends and family may also be a sign of dementia.
- Difficulty problem solving:** If your family member is having trouble problem solving or planning ahead, it could mean their executive functioning abilities are deteriorating. You might notice your loved one struggling to follow recipes they've enjoyed cooking for years.
- Trouble with familiar tasks:** This could include challenges with household chores, at work, or during leisure activities. Also, if they are struggling to use their cell phone, drive around town, or go shopping.
- Confusion with time or place:** If your loved one has trouble with the time or place of events, it could be an early symptom of dementia. Forgetting the date, month, time of year, or important events may be a red flag.
- Challenges with visual images and balance:** Dementia also affects people physically. Early physical signs of dementia include difficulty with balance or judging distances, sleeping issues, forgetting to eat, and wandering.
- Problems with speech and writing:** Dementia affects how a person speaks and understands language, making it difficult for them to find the right words. They may also have trouble following conversations.
- Misplacing items:** After a person with dementia loses something, they may be unable to retrace their steps to find it. Or they might put items in unusual places, such as placing kitchen utensils in bedroom dressers.
- Poor judgment:** Your loved one may begin to mismanage finances, neglect their hygiene, fall victim to repeated scams, or improperly care for a pet.
- Withdrawal from activities:** Dementia can make it difficult for your relative to participate in activities they once enjoyed. As a result, they might avoid these situations to keep from drawing attention to memory lapses.
- Mood and personality changes:** Sudden changes in your family member could become fearful, paranoid, suspicious, depressed, or anxious. Increased anger could also be a warning sign of dementia.



References: <https://www.agingcare.com/articles/alzheimers-disease-dementia-warning-signs-144253.htm>

Let's play!

# Word Scramble: November



1. LAHKUTNF \_\_\_\_\_
2. RDUOSG \_\_\_\_\_
3. ESRATVH \_\_\_\_\_
4. ILPSMRGI \_\_\_\_\_
5. UMNATU \_\_\_\_\_
6. ECOENILT \_\_\_\_\_
7. EEVSAL \_\_\_\_\_
8. OFBLOALT \_\_\_\_\_
9. PTULYHMO ORKC \_\_\_\_\_
10. ONIUPOCACR \_\_\_\_\_
11. USINPKPM \_\_\_\_\_
12. RNVTESEA YDA \_\_\_\_\_
13. OHCARDR \_\_\_\_\_



## Employee Birthdays

Roberta M., Nov 03

Vera M., Nov 03

Adisyn H., Nov 27



## 2025 Fun & National Holidays!

- ▶ Nov 1 Dia de los Muertos
- ▶ Nov 2 Zero Tasking Day
- ▶ Nov 2 Deviled Eggs Day
- ▶ Nov 3 Sandwich Day
- ▶ Nov 4 Candy Bar Day
- ▶ Nov 5 Doughnut Day
- ▶ Nov 6 Nacho Day
- ▶ Nov 7 Jersey Day
- ▶ Nov 8 Cappuccino Day
- ▶ Nov 10 Vanilla Cupcake Day
- ▶ Nov 11 Veteran Day
- ▶ Nov 11 Origami Day
- ▶ Nov 12 Happy Hour Day
- ▶ Nov 12 Chicken Soup Day
- ▶ Nov 13 World Kindness Day
- ▶ Nov 14 Spicy Guacamole Day
- ▶ Nov 14 Pickle Day
- ▶ Nov 14 PJ Gay
- ▶ Nov 16 Fast Food Day
- ▶ Nov 19 Soda Pop Day
- ▶ Nov 20 National Absurdity Day
- ▶ Nov 21 World Hello Day
- ▶ Nov 22 Go For a Ride Day
- ▶ Nov 23 Fibonacci Day
- ▶ Nov 23 Espresso Day
- ▶ Nov 24 Your Unique Talent Day
- ▶ Nov 25 Shopping Reminder Day
- ▶ Nov 25 Parfait Day
- ▶ Nov 26 Cake Day
- ▶ Nov 27 Happy Thanksgiving!
- ▶ Nov 28 Black Friday!
- ▶ Nov 28 Red Planet Day
- ▶ Nov 30 Computer Security Day

## Meet our Team >>>

### Tell us about your Job.

I am the Medical Records/Scheduler I schedule appointments and transportation for the residents.

### Tell us about your family.

I live with my mom and dad. We have 4 dogs, Charlie, Bruzer, Jackson, and Kilo. I have two older sisters, Kayla and Kenzie. I have one nephew, CJ, and two nieces, Rory and Olivia..

### What are your outside Interests?

I like to be with my friends and family. I enjoy listening to music, being outside, going to music festivals, and shopping.

### Something not everyone may know about you.

I can juggle many ways!

### Favorite sport team

The Packers!

**Kenna H.**  
Medical Records/Scheduler



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## Also, November is...

National Diabetes Month  
Alzheimer's Disease Awareness Month  
National Home Care and Hospice Month