



Upcoming Event >>>

Sat 1: Independent Activities in Activity Room

Sun 2: Independent Activity in Activity Room

Mon 3: 10:30 Fun & Fitness/11:00 The Day The Music Die/ 1:30 Farkle

Tue 4: 11:00 Worship/ 1:30 Bingo/ 5:30 Puzzles

Wed 5: 10:30 Fun & Fitness/ 11:00 Trivia/ 1:30 Karaoke Love Songs

Thu 6: 10:00 Manicures/ 1:30 Bingo/ 5:30 Puzzles

Fri 7: 10:30 Yahtzee/ 1:30 Crafts/ **Wear Red Day!**

Sat 8: Independent Activities in Activity Room

Sun 9: Independent Activities in Activity Room/ **Super Bowl**

Mon 10: 10:00 Fun & Fitness/ 11:00 Crossword/1:30 Pokeno

Tue 11: 11:00 Worship/ 1:30 Bingo/ 5:30 Puzzles

Wed 12: 10:30 Fun & Fitness/ 11:00 Word Clues/ 1:30 Card Club

Thu 13: 10:00 Coffee Clutch & Reminisce/ 1:30 Bingo/ 5:30 Puzzles

Fri 14: 10:30 Farkle/ 1:30 Valentine's Party & Music w/Rich

Sat 15: Independent Activities in Activity Room

Sun 16: Independent Activities in Activity Room

Mon 17: 10:00 Fun & Fitness/ 11:00 Word Games/ 1:30 Chocolate Tasting

Tue 18: 11:00 Worship/ 1:30 Bingo/ 5:30 Puzzles

Wed 19: 10:30 Fun & Fitness/ 11:00 Name 5/ 1:30 Resid. Council

Thu 20: 9:30 Hair Salon/ 10:30 Manicures/ 1:30 Bingo/ 5:30 Puzzles

Fri 21: 10:30 Crafts/ 1:30 Movie & Popcorn

Sat 22: Independent Activities in Activity Room

Sun 23: Independent Activities in Activity Room

Mon 24: 10:00 Fun & Fitness/ 1:30 Armchair Travel

Tue 25: 11:00 Worship/ 1:30 Bingo/ 5:30 Puzzles

Wed 26: 10:30 Fun & Fitness/ 11:00 Name that tune/ 1:30 Music w/Amy

Thu 27: 10:00 Manicures/ 1:30 Bingo/ 6:00 Forever In Our Hearts Memorial Services

Fri 28: 1:30 Board Games

Daily Mail Pass at 9:30 AM

Hair Salon is Open every other Thursday 9:30 am - 12:00 pm

Schedule appointment and make payment to the Activity Department.

**** Activities are Subject to Change****

Newsletter

Reduce fraud risk by getting rid of junk mail

Putting a stop to the junk mail being sent to your older adult's house is essential for reducing their fraud risk.

It also reduces the risk that someone with early dementia would repeatedly donate to multiple charities, sign up for many credit cards, or spend an excessive amount on catalog purchases.

4 Options for Getting Rid of Junk Mail

1. DMAChoice:

The junk mail expert says this is the #1 way to stop junk mail and that most people will only need to complete this form.

Registering with DMAChoice stops mail from companies that your older adult has never purchased from or donated to.

You could use the regular form or the one specifically for caregivers.

2. National Do Not Mail List

This is another company you can use to opt-out from junk mail. It's not the same as DMAChoice so you could register with both organizations.

3. Opt-Out Pre-Screen (1-888-5-OPT-OUT)

This company stops credit card offers.

FYI: They will ask for a Social Security Number. The junk mail expert says this is legitimate because that's the way credit bureaus identify people.

4. InfoCision

This is a telemarketing company, but they also manage mailing lists for their clients.

Call (330) 668-1400 or email infocis@infocision.com to request removal from their lists. This can also help reduce those relentless telemarketing phone calls.

Note: Don't be discouraged if the junk mail doesn't stop instantly. Most companies prepare their mailings months ahead of time, so it will take about 3 months to see a reduction.



Let's play! Word Scramble: Groundhog Day

1. ECORAFST _____
2. HNETIEBRA _____
3. REMEGE _____
4. LIYADOH _____
5. YLCODU _____
6. EONTDR _____
7. RGUNDDOUER _____
8. TEICNPROI _____
9. SGIN _____
10. SGIPNR _____
11. REYABURF _____
12. YAVNINSNEAPL _____
13. RTOMMA _____
14. HEEARWT _____



Employee Birthdays

- Mackenzie S., Feb 01
- Pamela Z., Feb 11
- McKenna H., Feb 16
- Mckenzie H., Feb 20
- Erika A., Feb 22
- Stephanie D., Feb 23



2025 Fun & National Holidays!

- ▶ Feb 1 Ice Cream for Breakfast Day
- ▶ Feb 2 Ground Hog Day
- ▶ Feb 2 Day of the Crêpe
- ▶ Feb 2 Play Your Ukulele Day
- ▶ Feb 3 Carrot Cake Day
- ▶ Feb 4 Thank Your Mailman Day
- ▶ Feb 4 Create a Vacuum Day
- ▶ Feb 4 Stuffed Mushroom Day
- ▶ Feb 5 Chocolate Fondue Day
- ▶ Feb 6 Frozen Yogurt Day
- ▶ Feb 7 **Wear Red Day**
- ▶ Feb 7 Send a Card to a Friend Day
- ▶ Feb 8 Laugh and Get Rich Day
- ▶ Feb 9 Pizza Day
- ▶ Feb 9 Bagel and Lox Day
- ▶ Feb 10 Umbrella Day
- ▶ Feb 11 Make a Friend Day
- ▶ Feb 13 World Radio Day
- ▶ Feb 14 **Valentine's Day**
- ▶ Feb 14 Library Lovers Day
- ▶ Feb 15 **Wisconsin Day**
- ▶ Feb 16 Do a Grouch a Favor Day
- ▶ Feb 17 Random Act of Kindness Day
- ▶ Feb 18 **President's Day**
- ▶ Feb 19 Chocolate Mint Day
- ▶ Feb 20 Muffin Day
- ▶ Feb 21 Caregiver Day
- ▶ Feb 22 Be Humble Day
- ▶ Feb 23 Dog Biscuit Day
- ▶ Feb 24 Tortilla Chip Day
- ▶ Feb 26 Pistachio Day
- ▶ Feb 26 Tell a Fairy Tale Day
- ▶ Feb 27 Retro Day
- ▶ Feb 28 Chili Day

Meet our Team >>>

Tell us about your Job.

I am a cook in the dietary dept. I enjoy providing quality meals for the residents.

Tell us about your family.

I have two sisters and one brother. I have a niece who is two and a nephew who is almost 3. My mother is the Dietary Manager at Meadowbrook in Chetek. I have a fiancé, Dustin and 2 cats, Freckles and Nova.

What are your outside Interests?

I enjoy having board game nights with friends and family. I also like to be outdoors, skating, kayaking, and tubing!

Something not everyone may know about you.

I have a Bachelor's Degree in Social Work. I am enjoying my experience working at Meadowbrook as I hope to work as a Social Worker with the elderly population!

Favorite sport team.

Minnesota Wild

Naomi K.
Cook



Testimonial >>>



"My husband's stay was good. The facility is close to home. I would recommend Meadowbrook at Bloomer. I absolutely was reassured when I called to check in. Meadowbrook was great, friendly staff. We would return in a heartbeat." - Alvin's Wife



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Also, February is...

- Heart Awareness Month
- Black History Month